## I'm Free

Don't grieve for me, for now I'm free I'm following the path God has laid you see. I took His hand when I heard His call I turned my back and left it all. I could not stay another day To laugh, to love, to work, or play. Tasks left undone must stay that way *I found the peace at the close of the day.* If my parting has left a void Then fill it with remembered joys A friendship shared, a laugh, a kiss Oh yes, these things I too will miss. Be not burdened with times of sorrow, I wish you the sunshine of tomorrow. *My life's been full, I savored much,* Good friends, good times, a loved one's touch. Perhaps my time seemed all too brief, Don't lengthen it now with undue grief. Lift up your heart, and peace to thee-God wanted me now; He has set me free.

In Appreciation

We, Monique Cowans-Grant and Shawn Grant, wish to extend gratitude for all acts of kindness and love shown during our time of bereavement. We would like to extend a special thank you to Mrs. Betty Branch, one of Joe's caregivers who daily extended her love and kindness to Dad. She would play sermons for him and have him listen to gospel songs. She always brightened his day. And he let her know that by greeting her with a beautiful and warm smile. We know that Dad carried a piece of her with him in his heart.



of your Mr. Joe Harold Cowans

> Monday. November 15, 2021 10:00 a.m.

**Jort Jackson National Cemetery** 4170 Dereival Road Columbia, South Carolina

## Obituary

Mr. Joe Harold Cowans was born on September 22, 1946, in Okmulgee, Oklahoma. He was the son of the late Essie Mae and Johnnie Lee Cowans. He departed this life on Friday, November 5, 2021.

Joe was educated in the public school system of Okmulgee County, Oklahoma. He graduated from Okmulgee High School, Class of 1964. He enlisted in the United States Army in December of 1966, where he served in Germany and Korea. Joe was stationed in Columbia, South Carolina at Fort Jackson. During this time, he married Lola Cowans and from this union there was one daughter, Monique. After exiting the military, Joe made Columbia, SC, his home. He retired after many dedicated years working for the Veterans Administration as an Adjudicator.

Joe rededicated his life to Christ in 1986. He attended The Progressive Church of our Lord Jesus Christ, where for many years he served as an usher.

As one of his hobbies, Joe enjoyed breeding and training German Shepherds. He enjoyed taking family road trips while listening to his 8track cassette player. Joe was also an avid billiards player and baseball fan.

In 1981, Joe opened a barbeque restaurant named *Cowans' Ranch* on Millwood Avenue in Columbia, SC. There, he became well known for his delicious hash and rice, ribs, barbeque bologna sandwiches, and many other menu items.

He was preceded in death by: his parents, Johnnie Lee and Essie Mae Cowans; and brother, Bobby Cowans.

Mr. Joe Harold Cowans leaves to mourn his passing: his daughter, Monique Cowans-Grant, of Irmo, SC; a son-in-law, Shawn P. Grant; grandsons, Sean Shuler, Rasheed Rucker, Sasheen Latimer, and Khaleem Drisdom; granddaughters, Shawnta Grant and Shaw Howell; 9 greatgrandchildren; many other loving relatives and friends, all of whom will miss him dearly.

Order of Service

Call to Worship

Scripture – John 14:13

Remarks......Mrs. Monique Cowans-Grant, Daughter

Prayer

Words of Comfort.....Reverend Flavian Coleman



Committal, Benediction and Interment

Fort Jackson National Cemetery 4170 Percival Road Columbia, South Carolina